



BODY, SPACE AND THE IMAGINATION

ii. the journey

*« The actor produces a kind of writing in the air.
He writes with his body. He is a writer in space.
He begins the image, which the spectator finishes. »*

ariane mnouchkine | théâtre du soleil | paris

Building on preliminary exercises explored in the first module, *awakening*, this workshop deepens research into some of the most fundamental principles of performance and play. It explores how the body, form, space and audience work together to create meaning, and demonstrates how movement is perceived and interpreted. Based on the work and teachings of Jacques Lecoq, Monika Pagneux and Ariane Mnouchkine, the training builds a set of references to support the physical, emotional and conceptual demands of character, text and devised work for stage and screen.

Structured improvisations with the neutral mask transport the performer into epic landscapes which enlarge their notions of time, space and storytelling. The world of the mask pushes the artist's physical and imaginative limits by inviting them to transform complex visions of the imagination into clear images for audiences to read. It fosters risk, experimentation and curiosity, and reveals how subtle changes in the rhythm, tension, direction or dimension of movement evoke images and suggest meaning.

The workshop helps actors, directors, writers, dancers and choreographers connect with contemporary audiences by enhancing their ability to tell stories with confidence, control and simplicity. Exercises are designed to refine their performance and interpretive skills; identifying habits which can limit the expressive potential of the performer. Physical preparation and movement analysis build technique while offering practical tools for each artist to contribute effectively to any creative and collaborative process.



*« I'm filled with images and questions.
My vision of what happens in the world has
been enriched. »*

roxana berconsky | teatro timbre 4 | buenos aires

*« I think that a door opens from here.
It makes me want to keep looking. »*

elisa fernández | teatro solis | montevideo